

OCTOBER 2016 LIHOLIHO BREAKFAST & LUNCH MENU

ALL MENUS SUBJECT TO CHANGES WITHOUT NOTICE

1/2 PINT MILK WITH ALL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
MINI PANCAKES DICED PEARS APPLE JUICE CHICKEN PATTY ON W.G. BUN OVEN FRIES LETTUCE LEAF TOMATO SLICE ORANGE WEDGE	PORK SAUSAGE PATTY STEAMED RICE APPLE SAUCE ORANGE JUICE ITALIAN SPAGHETTI w/ MEAT SAUCE SPINACH-ROMAINE SALAD PEACHES W.G. FRENCH BREAD	BLUEBERRY BREAD YOGURT PINEAPPLE CHUNKS GRAPE JUICE CHIX AND MASH BOWL APPLE WEDGE HOT VEG MEDLEY W.G. ROLL	PIZZA BAGEL MIXED FRUITS GRAPE JUICE ITALIAN SAUSAGE & CHEESE PIZZA GARDEN SALAD BABY CARROTS HUMMUS FRUIT JUICE	HAWN STYLE SAUSAGE & STEAMED RICE PEACHES APPLE JUICE KALUA PORK w/ CABBAGE STEAMED RICE LOMI TOMATO TROPICAL PINEAPPLE W.G. SWEET ROLL
10	11	12	13	14
FALL BREAK (No School for Students)	FALL BREAK (No School for Students)	FALL BREAK (No School for Students)	FALL BREAK (No School for Students)	FALL BREAK (No School for Students)
17	18	19	20	21
PEPPERONI PIZZA STIX ORANGE WEDGE APPLE JUICE POTATO CRUNCH FISH WEDGE STEAMED RICE BAKED BEANS RAINBOW SALAD POM SWIRL WG ROLL	HAM LINKS STEAMED RICE PEACHES GRAPE JUICE CRISPY NACHOS w/ BEEF & CHEESE FRUIT JUICE	COFFEE CAKE TURKEY LINKS MIXED FRUITS GRAPE JUICE TASTY GOLDEN CHICKEN TENDERS ON SHRED. CABBAGE STEAMED RICE BROCCOLI & CARROTS APPLE SAUCE WG ROLL	WG FRENCH TOAST w/ PANCAKE SYRUP PINEAPPLE CHUNKS CRAISINS CHEESEBURGER POTATO WEDGE LETTUCE LEAF TOMATO SLICE BABY CARROTS HUMMUS APPLE WEDGE	W.G. CINNAMON BUN TROPICAL PAPAYA & PINEAPPLE CHUNKS ORANGE JUICE ASIAN STYLE CHICKEN ON SHRED. CABBAGE STEAMED RICE HOT VEG. MEDLEY PEACHES W.G. ROLL
24	25	26	27	28
MINI PANCAKES DICED PEARS APPLE JUICE CHICKEN PATTY ON W.G. BUN OVEN FRIES LETTUCE LEAF TOMATO SLICE ORANGE WEDGE	PORK SAUSAGE PATTY STEAMED RICE APPLE SAUCE ORANGE JUICE ITALIAN SPAGHETTI w/ MEAT SAUCE SPINACH-ROMAINE SALAD PEACHES W.G. FRENCH BREAD	BLUEBERRY BREAD YOGURT PINEAPPLE CHUNKS GRAPE JUICE CHIX AND MASH BOWL APPLE WEDGE HOT VEG MEDLEY W.G. ROLL	PIZZA BAGEL MIXED FRUITS GRAPE JUICE ITALIAN SAUSAGE & CHEESE PIZZA GARDEN SALAD BABY CARROTS HUMMUS FRUIT JUICE	HAWN STYLE SAUSAGE & STEAMED RICE PEACHES APPLE JUICE KALUA PORK w/ CABBAGE STEAMED RICE LOMI TOMATO TROPICAL PINEAPPLE W.G. SWEET ROLL
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MAPLE PANCAKE WRAP APPLE SAUCE CRAISINS BRD CHICKEN NUGGETS STEAMED RICE SHRD LETTUCE DICED TOMATO BABY CARROTS HUMMUS PINEAPPLE W.G. ROLL	** 10/31/16 **			



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